

2016 HOLMDEL FIELD HOCKEY SUMMER CAMP



Camp Information
AGES: Incoming 2nd-8th Graders
DATE: July 25-28
TIME: 9:00am-12:00pm



[Click here to register online.](#)



LOCATION: Holmdel High School Turf

Camp Highlights

- Drills tailored to skill/age level to capitalize on development
 - Offensive skills – dodges, & shooting practice.
 - Defensive skills- footwork, block tackles, & circle play.
 - Fundamentals- passing, receiving, & stick work.
- Former NCAA Division 1 players on coaching staff
 - Small game play at the end of each session
 - Camp awards

Contact Ms. Murphy with any questions
mmurphy@holmdelschools.org

