



# **Hornet Boys Lacrosse Camp**

**July 11-14 9am-12pm**

**Monday-Thursday**

**Holmdel High School Turf**

**Incoming 2<sup>nd</sup>-8<sup>th</sup> Graders**



## **ABOUT THE CAMP:**

The goal of the Hornet Lacrosse Camp is to provide high quality instruction to all participants, regardless of their experience level. We will teach the basics to new players and help experienced players fine-tune their skills. There will be individual and small group skill sessions as well as team play. The camp will be fun, informative, and competitive.

## **ABOUT THE COACH:**

Dale Oehler was a 4-year starter, senior year Captain, and All MAC Conference All Star Junior and Senior Year at Lebanon Valley College. He went on to play for Houston, Chicago, and Los Angeles club teams, various tri-state area teams, and several Vail Shootouts as an All Star in the 1980's. Coach Oehler is a co-founder of the Rumson-Fair Haven Youth Lacrosse program and has been president of Rumson-Fair Haven Lacrosse and New Jersey South Chapter of US Lacrosse. He is a member of the New Jersey Lacrosse Hall of Fame and the Lebanon Valley College 'Flying Dutchman' Athletic Hall of Fame.

\*Please feel free to contact Coach Oehler [doehler@holmdelschools.org](mailto:doehler@holmdelschools.org) with any questions

## **CAMPERS MUST BRING THEIR OWN:**

Lacrosse Stick

Arm Pads

Shoulder pads

Helmet

Cleats

Mouth guard

Gloves

Athletic Supporter and Cup

Water Bottle

**\*Holmdel H.S. is a member of the Shore Conference.**

[Click here to register online.](#)