

## **HEALTH EXAMINATIONS AND IMMUNIZATIONS**

### **Tuberculin Tests and Chest X-Rays**

- A. The Mantoux Intradermal Tuberculin Test using five T.U. (Tuberculin Units) of PPD tuberculin shall be administered to pupils under the guidelines of the State Department of Health.
- B. Pupils shall be exempt who present documentation of a prior significant reaction as evidenced by vesiculation following the administration of a multiple puncture tuberculin test or a significant reaction (that is, 10 mm. or more of induration) following a Mantoux intradermal tuberculin test with five tuberculin units of stabilized PPD tuberculin. Any other exemption from these requirements shall be because of medical contraindications subject to review by the school physician.
- C. All tuberculin reactors as defined by N.J.A.C 6:29-4.2 shall be referred to the family physician and an appropriate official agency for necessary follow-up, and the procedures required by the administrative code followed.
- D. Failure to comply with regulations shall be sufficient cause for suspension or expulsion from school.

### **Immunizations**

- A. These regulations shall apply to all pupils, pre-kindergarten through grade twelve, attending the Holmdel Township Public Schools.
- B. Upon failure to provide proof of immunization against diphtheria, whooping cough, tetanus, polio, measles, mumps, rubella, Hepatitis B, and varicella every pupil attending this school shall be required to begin to receive such immunization within 30 days from his/her date of enrollment in the school district.

No pupil who has not submitted acceptable evidence of immunization according to the schedule specified below shall be retained in the district schools, except when there are exemptions as noted in Chapter 14 of the sanitary code.



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No child will be enrolled provisionally in a school without documentation of at least one dose of polio, diphtheria, tetanus, pertussis, measles, mumps, rubella, Hepatitis B, varicella and Hib vaccine which are age-appropriate for the child. The child must also have a doctor's appointment for and be in the process of receiving the remaining antigens.

If parents/guardians request that the school provide immunizations on the basis of financial need, the school nurse shall offer referral options.

- C. A pupil shall not be required to have any immunizations which are medically contraindicated. A written statement from any physician licensed to practice medicine or osteopathy in any jurisdiction in the United States that an immunization is medically contraindicated for a specific period of time, and the reasons for the medical contraindication, will exempt a pupil from the specific immunization requirements for the period of time specified in the physician's statement and shall be maintained by the school as part of the immunization record of the pupil.
- D. A pupil shall be exempted from mandatory immunization if the parent/guardian of the pupil objects thereto in a written statement signed by the parent/guardian on the grounds that the proposed immunization interferes with the free exercise of the pupil's religious rights. This exemption may be suspended by the State Commissioner of Health during the existence of an emergency as determined by the State Commissioner of Health.
- E. A pupil may be admitted to school if a physician or health department indicates that immunization of the pupil has been initiated and that the pupil is in the process of complying with all immunization requirements. The school nurse will maintain a database and monitor the implementation of the immunization schedule and report progress to the district Health Council on a regular basis.

If parents/guardians request that the school provide immunization on the basis of financial need, the school nurse shall offer referral options.

- F. The following documents will be accepted as evidence of a pupil's immunization history provided that the individual immunizations and the date when each immunization was administered are listed:
  - 1. An official school record from any school indicating compliance with the immunization requirements of this regulation; or
  - 2. A record from any public health department indicating compliance with the immunization requirements of this regulation; or
  - 3. A certificate signed by a physician licensed to practice medicine or osteopathy in any jurisdiction in the United States indicating compliance with the immunization requirements of this regulation.

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- G. Each school shall maintain a record of immunization for every pupil which shall include the date of each individual immunization. A standard record of immunization shall hereafter be maintained by all district schools on forms supplied by the State

Department of Health for all new school entrants under seven years of age and for pupils of all ages transferring from out-of-state schools. If the pupil transfers to a school outside the state, a copy of the immunization record will be sent. If the pupil transfers to a public or non-public school in New Jersey, the original *State of New Jersey Health History and Appraisal Form* will be sent.

- H. A report of the immunization status of the pupils in the district schools shall be sent each year to the State Department of Health by the Superintendent on the form provided by the State Department of Health. This report shall be limited to the immunization of school entrants and transfer pupils and shall be submitted by December 1 of each academic year. A copy of this report shall be sent to the local board of health.

- I. The Superintendent shall make immunization records available for inspection by authorized representatives of the State Department of Health or the local board of health.

- J. Regulations for Diphtheria and Tetanus Toxoids and Pertussis (DTP) Vaccine are:

- 1) For those children less than seven (7) years of age, a minimum of 4 doses of DTP are required. One dose must have been administered on or after the fourth birthday. A child with any total of five valid doses of DTP, DTaP, DPT/Hib, or DT will also be in compliance with state regulations.
- 2) DTaP is a valid dose for the fourth and/or fifth dose of DTP, provided it is given after 15 months of age. The combination DTP/Hib vaccine is a valid dose for DTP doses one through five.
- 3) For children 7 years of age or older, 3 doses of tetanus-diphtheria (adult) or a combination of DTP, DT, DTaP, and to total 3 doses shall meet the DTP requirements.
- 4) Children too young to have 4 doses of DTP/DTaP with at least one dose being administered after their fourth birthday, shall be appropriately immunized for their age to meet the DTP requirement.
- 5) Pediatric Diphtheria Tetanus (DT) toxoid is acceptable in lieu of DTP, only if a valid medical exemption is submitted by a physician.

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K. Regulations for Poliovirus Vaccine are:

- 1) For those children less than seven (7) years of age, a minimum of three (3) doses of oral polio vaccine (OPV) or enhanced IPV (if medically indicated) is required, provided at least one dose is given on or after the fourth birthday.
- 2) For children from seven to eighteen years old, three doses of OPV or enhanced inactivated poliovirus vaccine (IPV) will satisfy the polio vaccine requirement.
- 3) Children 18 years of age or older will not be required to begin or complete the polio series to remain in school.
- 4) Those children too young to have three (3) doses of OPV with at least one dose after their fourth birthday, shall be appropriately immunized for their age.

L. Regulations for Measles Vaccine are:

- 1) Two doses of a measles-containing vaccine given after the first birthday, preferably MMR, will be required of children born on or after January 1, 1990 and entering Kindergarten, Grade 1, or a similar age and entry level special education class after September 1, 1995.
- 2) The two doses of measles-containing vaccine must be separated by an interval of at least one month.
- 3) Children presenting at Kindergarten or Grade 1 with no documented doses of measles-containing vaccine will be given provisional status after receiving 1 dose. These children shall be required to receive the second dose of measles vaccine, preferably as MMR, no sooner than one month and no later than the routine interval of two months following the first dose. Children who have not received the second dose on schedule during the second month will be subject to exclusion.
- 4) One dose of measles vaccine administered on or after the first birthday continues to be acceptable for school enrollment and for continued attendance for children born before January 1, 1990 and who attended Kindergarten, Grade 1, or higher grades before September 1, 1995.
- 5) Documented laboratory evidence of measles immunity continues to be acceptable.
- 6) As of September 1, 2001 parent(s) or guardian(s) must provide documentation of their child(ren) having received either a second dose of a measles vaccine, or the preferred measles, mumps, and rubella (MMR) vaccine, which is given after the child's first birthday.

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- 1) Every child born on or after January 1, 1990 and entering Grade 6, or a comparable age level special education program with an unassigned grade, on or after September 1, 2001 shall have received three doses of hepatitis B vaccine, or any vaccine combination containing hepatitis B virus.
- 2) Children born on or after January 1, 1990, and transferring into a New Jersey school at the Grade Six or a higher grade level from another state or country on or after September 1, 2001, shall have received three doses of hepatitis B vaccine.
- 3) Children born on or after January 1, 1990, attending or transferring into a New Jersey school from another state or country on or after September 1, 2001 with no documented doses of hepatitis B vaccine, shall receive the first dose before entering school, and shall receive a second dose of hepatitis B containing vaccine no later than three months after receiving the first dose and shall receive the third dose no later than 12 months following the first dose.
- 4) Unvaccinated children 11 through 15 years of age who have not begun or completed the hepatitis B vaccine series, and subject to the Grade Six hepatitis B requirement commencing September 1, 2001, can be given two doses of any hepatitis B vaccine licensed and approved for a two-dose regimen to satisfy the hepatitis B requirement.
- 5) Unvaccinated children 11 through 15 years of age who have not yet begun or completed the hepatitis B vaccine series, and subject to the Grade Six hepatitis B requirement commencing September 1, 2001, and who are eligible to enter, attend, or transfer into a New Jersey school in provisional status following receipt of the first dose of any hepatitis B vaccine licensed for a two dose regimen shall receive the second and final dose to complete that two dose series no later than six months following the first dose.
- 6) Every child born on or before January 1, 1990 entering, attending, or transferring into a New Jersey school in Grades Nine through 12 or in a comparable age level special education program after September 1, 2003, shall have received three doses of a hepatitis B virus containing vaccine, or alternatively any two doses of a hepatitis B containing vaccine licensed and approved for a two dose regimen administered to children 11 through 15 years of age.
- 7) Unvaccinated children born on or before January 1, 1990 entering, attending, or transferring into a New Jersey school in Grades Nine through 12 on or after September 1, 2003 who have not completed the hepatitis B vaccine series are eligible to attend school in provisional status following the receipt of the first dose of any hepatitis B vaccine dose. The child granted provisional status shall receive a second dose of hepatitis B containing vaccine no later than three months after receiving the first dose and shall receive the third dose no later than 12 months following the first dose. If the child is age eligible to receive the two-dose regimen, the second and final dose shall be received no later than six months following the first dose.

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11. Children who present documented laboratory evidence of hepatitis B disease or immunity, constituting a medical exemption, shall not be required to receive hepatitis B vaccine.

**Q. Varicella Virus Vaccine**

1. Every child born on or after January 1, 1998 shall have received one dose of varicella vaccine, or any vaccine combination containing varicella virus, administered on or after the first birthday, prior to school entrance for the first time into a Kindergarten, Grade 1, or a comparable age entry level special education program with an unassigned grade.
2. Every child 19 months of age or older enrolling in or attending a child care center or preschool facility shall have received at least one dose of a varicella containing vaccine administered on or after the first birthday.
3. Every child born on or after January 1, 1998, attending or transferring into a New Jersey school from another state or country, shall have received one dose of a varicella virus containing vaccine.
4. Children who present either documented laboratory evidence, a physician's statement, or a parental statement of previous varicella disease, shall not be required to receive varicella vaccine.

**Examinations**

- A. All pupils are weighed and measured each year.
- B. Pupils in grades 2, 4, 6, 8, and 10, kindergarten pupils, new entrants to the district, and Child Study Team referred pupils will be given a vision screening.
- C. Audiometric screening is done in grades kindergarten, 2, 4, 6, 8, and 10, in addition to:
  1. New entrants
  2. Special education classes;
  3. Children with history of hearing loss;
  4. Any child with questionable hearing; and
  5. Child Study Team-referred pupils.

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D. Completion of the Confidential Health Questionnaire (completed by the parent/guardian or physician) is required for all new entrants and students in grades kindergarten, 4, 7, and 9.

E. Mantoux Intradermal Test:

1. The Mantoux intradermal test using 5 TU of stabilized PPD tuberculin shall be used exclusively for the testing of pupils, teachers and employees, as per the current state guidelines.

2. Teacher and Other Employees

In every school district, a Mantoux intradermal tuberculin test shall be given upon employment to all newly hired employees (full-time and part-time), all student teachers, school bus drivers on contract with the district and other persons (e.g., volunteers) who have contact with pupils. NOTE: A VOLUNTEER MUST BE TESTED IF HE/SHE WORKS INDOORS AND HAS CONTACT WITH PUPILS FOR AT LEAST 10 HOURS PER MONTH.

A new employee (AND STUDENT TEACHER AND OTHERS CONTRACTING WITH THE DISTRICT) with a documented Mantoux test administered within the previous six months does not have to be re-tested. An employee transferring between school districts or a non-public school within New Jersey would not have to be tuberculin tested if there is a documented record of a Mantoux tuberculin skin test being administered upon his/her initial employment in a New Jersey school.

F. Scoliosis screening shall be conducted every year for pupils in grades four through twelve.

The Board considers it preferable that examinations be made by the family physician, who has the history of the child's health. In instances where the school physician examines a pupil, a report shall be made to the child's parents/guardians only when irregularities are discovered.

If there is any question about a child's vision, hearing or physical health, the teacher should refer the child to the school nurse for an examination of the suspected problem. The school nurse or school physician will conduct the necessary examination and inform the parent/guardian if further professional advice is needed. Under no circumstances should the classroom teacher attempt to diagnose the problem and inform the parent/guardian of a need for a medical examination, or suggest a particular doctor for the parent/guardian to contact.

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All contacts with parents/guardians in regard to a child's health will be handled by the school nurse.

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